

## Behaviors and Interventions

**What is behavior?** – a form of communication.                      If you can count it – it's a behavior.

When a behavior happens that disrupts learning – Define the behavior specifically and determine how frequent it occurs.

### Behavior

Hit the desk 2 times when asked to clean up after art

Said “NO” when given a math assignment 4x

Yelled during science class 8 times while teacher was talking

Cries for 5 minutes when given the cue that it is time for lunch

Picks at skin an average of 7x during reading class when expected to read silently

Out of seat 3x during circle time for 9 consecutive days

### NOT a Behavior

Wild in the classroom                      Disrupted the class

Never completes work                      Always tells stories

**What is an intervention?** – something special and specific put in place to help make a change in a particular behavior (it is above and beyond what is done with the whole class)

Intervention Ideas:

- \* behavioral contracting                      \* behavioral charting                      \* modify environment
- \* token economy                                      \* specific teaching and reinforcing                      \* point sheets
- \* non-verbal cue system                      \* schedule additional breaks                      \* planned choices
- \* movement time built into schedule                      \* preventative cueing                      \* planned errands

### **What is not an intervention?**

- \* removal from classroom (principal, hallway, CMH, etc.)                      \* talks with staff                      \* shortened assignments
- \* detention, plan for change                      \* change seating

**Documentation/Information** – this needs to be in a form that can be put into a graph with at least one data point per week.                      NEED NUMBERS!!!! – Not narratives.

Point sheets – the number/percentage/average per day/morning/afternoon

Incentive programs – number/percentage/average that they met the goal in the contract

Contracting – the number/percentage/average that they met the goal in the contract

Resources for data collection sheets:

WORD or spreadsheet program

Contact Barb – [bmackey@isd318.org](mailto:bmackey@isd318.org)

Intervention Central website – [www.interventioncentral.org](http://www.interventioncentral.org)